



Rainbow Rocket Access Statement

At Rainbow Rocket we believe everyone should have safe access to climbing and climbing walls. If you wish to discuss your specific requirements in advance of your visit, please contact us on:

★ 01223 583 124

★ team@rainbowrocket.cc

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About us

Rainbow Rocket is Cambridge's dedicated bouldering wall. We have three large rooms with around 200 boulder problems for all abilities. Spread over 7500 sq feet, our facilities include a small cafe and a training mezzanine. This comprises two boards and a circuit wall, weights gym, a rowing machine, rings and a range of hangboards.



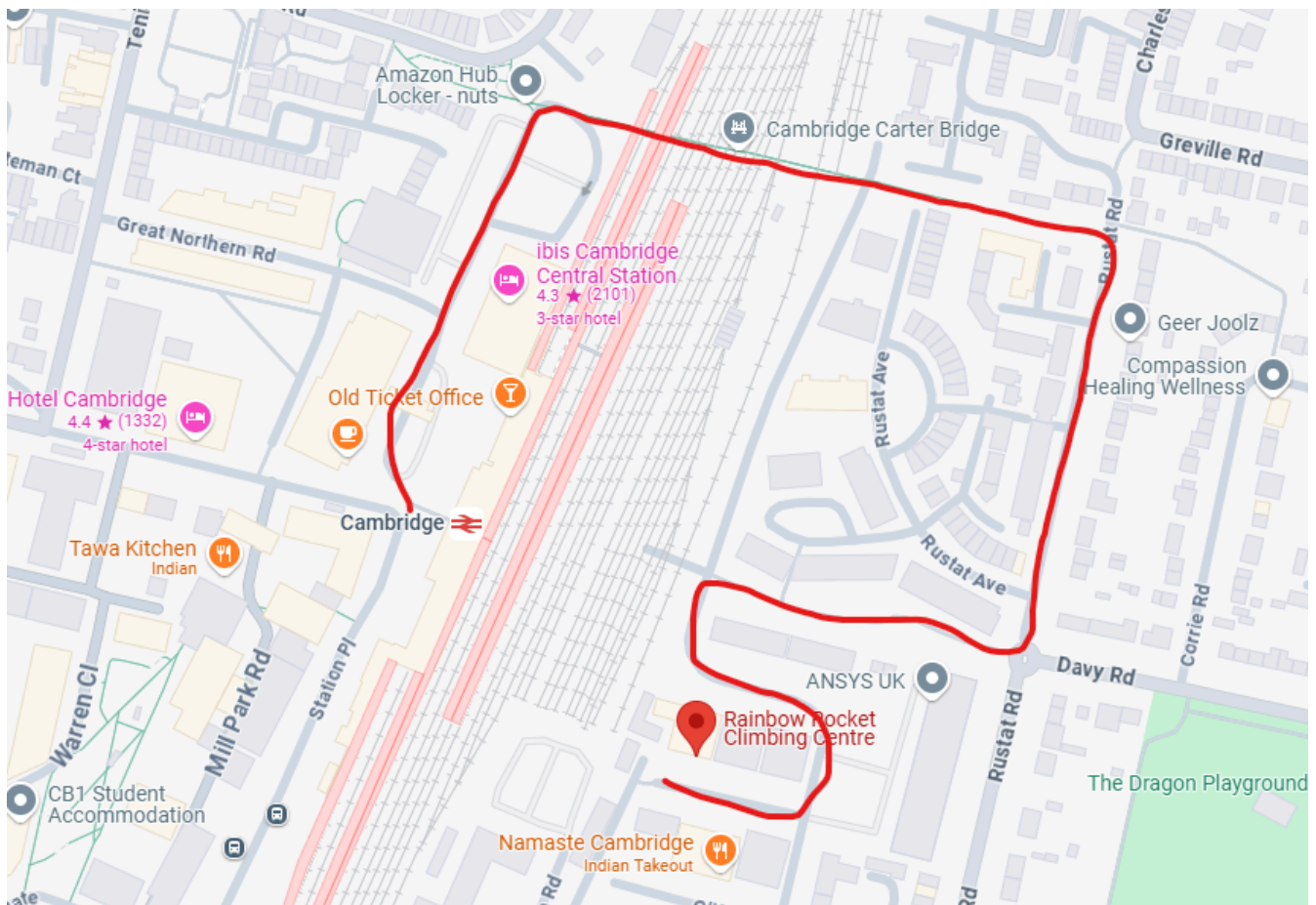
How to find us

Address:

[48 Clifton Road,](#)
[Cambridge,](#)
[CB1 7ED](#)

Cambridge Station




We are a 15 minute walk from Cambridge Station - the easiest route is via the tunnel over the railway line - indicated in red.





Car and Bicycle Parking

We have a large number of bike racks in front of the building. We have space for around 12 cars. See below for additional parking options:

-  Customer car parks:
Staff's cars can be double-parked; please ask at reception.
-  On-street parking:
Free on weekends and weekdays after 6PM.
-  German Tech Cars:
Usable on weekends and weekdays after 6PM.



Blue Badge + Parent/Child Parking:

We do not have Blue Badge or parent and child parking. However, if you need a reserved space for your visit, please contact the team using the details above. On-street parking (highlighted in yellow on the map) is free for Blue Badge holders unless suspended. Please ensure your Blue Badge is clearly displayed to avoid a fine.

On-Street Parking Payment Options:

- Payments are cashless and can be made via RingGo or YourParkingSpace apps, online, by phone, or SMS.
- Alternatively, you can pay by card at one of the machines next to the parking bays.

Monday to Friday

10:00am - 6:00pm

For every 30 Minutes

£1.20

6:00pm - 10:00am

16 Hours

Free

Saturday And Sunday

24 Hours

Free

Bank Holiday

24 Hours

Free

We cannot accept any liability for damage or theft in our parking area.



When you get here

Pathways & Lighting

All parking is on a tarmac surface.

Parking at the front of the building (48 and 49) is well-lit and covered by CCTV.

Parking at the back of the building (52) is not covered by CCTV and not lit.

Parking Distances

- 48 – Adjacent to the entrance.
- 49 – 10m from the entrance.
- 52 – 100m from the entrance, requiring a walk along the pavement around the building.

Entrance Access

- The reception entrance has a step with no handrail.
- Step-free access is available via a secondary entrance, 2m from reception.
- This entrance has ramped access, and shutters can be opened as needed (pictured below).





Checking in



No need to book

Unless you're attending an instructed session, there's no need to book. If you'd like to pre-book coaching, you can do so via our website.

New Registrations

To climb unsupervised, you'll need to complete an Acknowledgement of Risk form and watch a safety video. This can be done online before your visit or at a tablet in our centre.

On arrival, please check in at reception (pictured above) and speak with a staff member who will assist you. Once the form is completed and the video watched, a staff member will check your understanding with a few questions—this is also a great opportunity to ask any questions you may have

For those who'd like additional support before climbing unsupervised, we offer an [Introduction to Bouldering](#) course

Once registered, you'll be able to climb unsupervised. Registration is renewed every three years when your Acknowledgement of Risk form expires. Please note that policies for under 18s differ from adults. More information is available on our [website](#).



Returning to the centre

On your next visit, check in at reception to purchase entry. We also offer membership and punch card options for regular climbers.

Facilities and Accessibility Information

- Facilities: Small café, training area, changing rooms, toilets, showers, and studio space.
- Accessibility: We do not have a hearing loop or BSL interpreter. Large areas of the centre require walking on mats.
- Dogs: Well-behaved dogs, including guide dogs, are welcome but must not be left unattended and are not allowed on the mats.

Quiet Times

As we don't operate a booking system, quiet times can be hard to predict. Generally, the quietest times are:

- Weekdays before 4pm
- Friday evenings
- Weekends between 9-10am

Pricing

Full pricing details can be found on our [website](#).

We offer concession discounts each day of the week - please check our website for details.

Proof of eligibility for concessions:

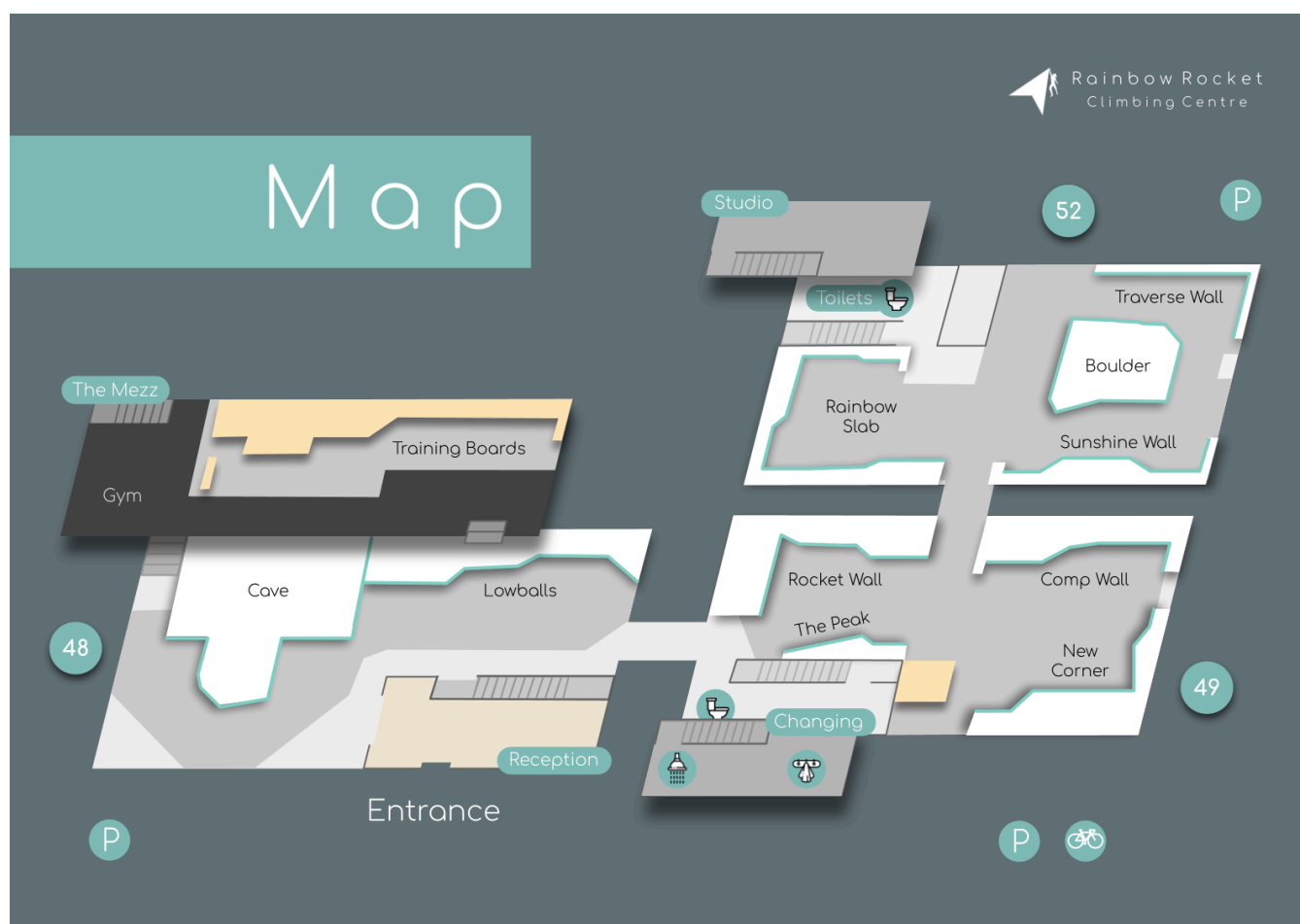
- Students: Unidays app or Student ID
- Over 65s: Driving license or other ID
- JSA/UC/WTC/PIP: Proof of Benefits Letter from Department for Work & Pensions (DWP), Universal Credit (UC) statement (from UC account), DWP award letter for PIP and DLA



Facilities & Getting around

The facility has some limitations that affect accessibility. We aim to provide step-free access where possible, but large areas of the centre are matted without walkways. If any areas are not fully accessible, we will do our best to make adjustments to support visitors.

Here is a map of our building:



Our building consists of three interconnected units: 48, 49, and 52. Reception is located in building 48, which is the main entrance.

The walkway connecting building 48 to buildings 49-52 is 78 centimetres wide, and access to buildings 49-52 is through a 68 centimetre-wide doorway.

Accessibility Notes:

- Buildings 49-52 are almost entirely matted, with no walkways that avoid crossing the matting. Matted areas are shown in grey on the map below.
- The training area and studio are upstairs and do not have lift access.



FAQs

Are there changing rooms, showers and toilets available?

Yes, we have gender-neutral changing cubicles, toilets and showers. We do not rent towels, so don't forget to bring your own!

- Changing rooms and toilets are located on the ground floor.
- Showers are on the first floor.
- We do not have accessible toilets or showers.

Do you have a baby changing table?

Yes, there is a baby changing table in building 52, located in the right-hand toilet under the Studio.

Do you have locker facilities?

Yes, lockers are available and can be secured with a padlock. If you don't have one, padlocks are available for purchase at reception.

Please remember that you are fully responsible for your belongings while on the premises.





Climbing

What should I wear?

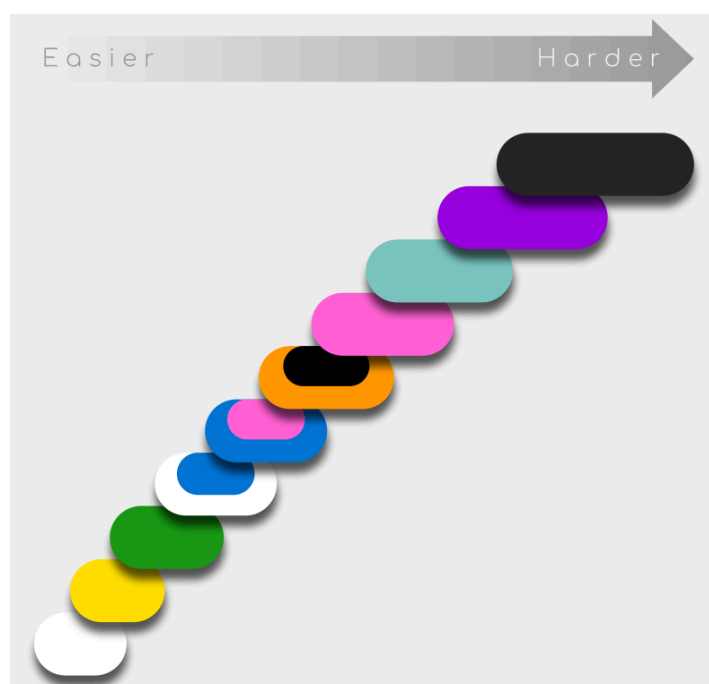
Ideally, lightweight sportswear and warmer outer layers such as a fleece. Trousers or leggings are recommended.

Long hair should be tied back, and necklaces, long earrings, rings, watches etc., should be removed to avoid the risk of getting caught and causing injury. Phones, wallets and other valuables should be removed from pockets and stored in a locker.

Ideal footwear is the specific climbing shoes available to hire from reception if you don't have your own.

How does it work?

Bouldering is climbing on shorter walls above matting without the use of ropes. You can pick from a coloured circuit - starting from easy all the way up to very hard (pictured below). We recommend you start on the white climbs and work your way up.



How often do you change the routes?

Routes are changed every Tuesday during the day, with a different area of the centre being updated on an 8-week rotation. This gives you plenty of time to revisit your favourite climbs while ensuring there's always something new to try.

Please note, route setting can be noisy due to the use of drills. Occasionally, we may set routes on other days of the week, so we recommend checking the schedule on our website for any updates.



Café

What do you serve?

We offer a range of refreshments serving fresh coffee, energy bars & cakes from Fitzbillies - a local Cambridge establishment. Vegan and gluten free options are available, provided they haven't sold out!



Where is it located?

Our Cafe is located at reception - we have a small seating area just outside the reception space. Seats are easily moveable to accommodate prams and wheelchairs. Please ask a member of staff if you'd like assistance with this.

Communication and Assistance

On any given day we have a Duty Manager and Team Member working. They'll be able to help you with any questions you may have. You'll see them floorwalking or at reception, dressed in bright orange, please come and say hi!

Information about our facilities, routes, and policies is available in accessible formats upon request.

Do you have feedback or a problem we can help with?

We want you to enjoy your time with us. Please let us know as soon as possible to make any changes to accommodate you.

In the first instance, please speak to your instructor, if appropriate. If your instructor is unable to help, please ask to speak to the Duty Manager who should be able to help.

Finally, a senior staff member (Centre Manager or Regional Manager) can be contacted.



Non-instructed visitors should initially speak to the reception staff and then follow the same process as above. Please remember that a quiet word at the time can often resolve the problem quickly. If you are unhappy about something, let us know.

Your feedback is much appreciated to help us improve our facilities and performance!

Future Plans

Future plans to improve Rainbow Rocket include:

- Lighting + CCTV in 52 parking area
- Better inclusive climbing options and opportunities
- New centre with improved layout for accessibility

If you have some suggestions for how we can improve, please let us know.